

EXPRESSION OF INTEREST

LIVED EXPERIENCE ADVISORY PANELS

Movember – Prostate Cancer

WE'RE BUILDING SOMETHING NEW. WE WANT YOU AT THE TABLE.

Movember is setting up prostate cancer Lived Experience Advisory Panels (LEAPs).

These panels will sit at the heart of our prostate cancer work. LEAPs will guide:

- the areas we prioritise
- how we build programs, educational information and resources
- how we reach and engage men and families around the world.

We want the people who've lived through prostate cancer as patients, partners, family members and carers to help steer that work. We believe in including you from the start – not consulted after the fact.

ABOUT MOVEMBER

Movember is the world's leading men's health charity. Since 2003, we've funded more than 1,320 men's health projects across 20+ countries.

Prostate cancer is one of our core focus areas. We fund research, build support tools and push for policy change. Our goal: better quality of life and better outcomes for men living with, or at risk of, prostate cancer.

Our prostate cancer LEAPs are a key part of how we make that goal real. They put the voices of people with lived experience at the centre of our decision-making.

WHAT IS A PROSTATE CANCER LEAP?

A Lived Experience Advisory Panel (LEAP) is a small advisory panel made up of people with lived experience of prostate cancer.

Each panel will guide many areas of Movember's prostate cancer work. Panel members meet regularly to review, advise and steer that work – bringing the patient and family perspective into decisions that are too often made without it.

LEAP members aren't there to rubber-stamp decisions. They're there to guide, inform, challenge, question and shape what we do.

WHAT THE ROLE INVOLVES

Being a LEAP member is a real commitment. Here's what to expect:

- **Regular meetings.** Most panels meet 4-6 times a year. Meetings are online.
- **Review and feedback.** Between meetings, members may be asked to review documents or plans. This is usually light, no more than a couple of hours at a time.
- **Honest input.** We want your genuine perspective, not what you think we want to hear. Your job is to keep us honest.
- **Collaboration.** You'll work alongside other people with lived experience, as well as Movember staff and sometimes researchers or program partners.
- **Flexibility.** We know life can be unpredictable. We'll work with you to make the role achievable alongside your other priorities.

Term length

PC-LEAP members are appointed for an initial term 1 year, with the option to renew by mutual agreement.

WHO WE'RE LOOKING FOR

If you've been touched by prostate cancer, we want to hear from you. That includes:

- Anyone who has been diagnosed with prostate cancer
- Anyone on active surveillance (being monitored, not yet treated)
- Anyone who is receiving or has finished treatment
- Partners and spouses of someone with prostate cancer
- Family members like adult children, siblings or parents
- Support people (a trusted friend, support group lead)
- Anyone who is at higher risk of prostate cancer (if you are Black, African, African American or have a family history of cancer linked to genetics)

We're especially keen to hear from people who are often left out of these conversations. That includes people who:

- Are from culturally and linguistically diverse backgrounds
- Are Asian or Asian British
- Are Black, Black British, Caribbean or African
- Are mixed or multiple ethnic groups
- Are White minority
- Identify as LGBTQIA+
- Live in rural or remote areas



- Live with disability or other health conditions

Although not essential, we want to hear from:

- People with experience in community engagement, advocacy or peer support
- People with relevant experience on similar panels or committees

We do ask that you:

- Be willing to share experiences in a constructive manner to support program development and advocacy.
- Have the ability to engage in advisory meetings, discussions and activities.
- Commit to confidentiality and ethical participation in all advisory activities.
- Live in Australia, Canada, the USA or the UK

WHAT YOU GET OUT OF IT

Your time and experience are worth something. Here's what we bring:

- **Real impact.** LEAP members don't just advise, they shape decisions. Your input may guide the areas we prioritise, influence how we build programs and contribute to educational information and resource content.
- **Training and induction.** Before your first meeting, you'll get a full induction covering Movember's work, how panels operate and what's expected. Ongoing support is always available.
- **Connection.** You'll meet other people with lived experience who care about the same things you do, along with Movember staff.
- **Accessibility.** Tell us what you need to take part fully. We'll do our best to make it happen. You'll need access to email and stable internet. Most activities take place virtually via videocalls or offline reviews. The LEAP panel meetings will be conducted in English.
- **Payment.** LEAP membership includes an honorarium, a payment at an hourly rate in recognition of your time and contribution. All reasonable out-of-pocket expenses are covered.

YOUR WELLBEING COMES FIRST

We want your time with Movember to feel good. Here's our commitment to you:

- A full induction before you start so you're ready and confident
- Movember staff supporting every panel
- Your personal information kept private
- No pressure to share more than you want to
- The freedom to step back at any time. No questions asked

HOW TO APPLY

Getting started is straightforward. Here's the process:

01. **Fill in the EOI form below.** Tell us about yourself and your connection to prostate cancer. No right or wrong answers.
02. **We'll be in touch.** Our team will review your EOI and may contact you to talk through next steps. If not selected for this panel we will let you know and may discuss other opportunities within our cancer work.
03. **A short conversation.** We may ask for an informal chat to get to know you better and answer your questions.
04. **Induction.** Once confirmed, you'll receive a full induction before your first panel meeting.

Ready? Let's go.

Fill in the [EOI form by clicking here](#).

Applications close: 30 September 2026*

*We may close the EOI form ahead of the stated deadline if we receive a high volume of responses

YOUR QUESTIONS, ANSWERED

Do I need any specialised skills or experience?

Nope. Your lived experience is the whole point. Some of our best contributors have zero health or research background. Although not essential, we would like to understand if you have experience in community engagement, advocacy, peer support or similar advisory and panel roles.

I'm a partner, family member, or carer. Can I still apply?

Absolutely. The prostate cancer community is bigger than just the men who were diagnosed. We want to hear from all of you.

How much time will it take?

Panel meetings will normally last for 1 hour with around 4-6 meetings per year. Between meetings, you may be asked to spend a couple of hours reviewing materials. We'll always be clear about what's involved before you agree to anything.

Will I get paid?

Yes. LEAP membership includes an honorarium in recognition of your time. The hourly rate is £35 (GBP). All reasonable out-of-pocket costs are covered.

Can I do it all online?

Yes, all panel meetings are held online.

Does where I live matter. Can I still apply?

At the moment, the LEAPs are only open to people living in the following markets: Australia, Canada, The United States of America or the United Kingdom.

What if my health changes or I need a break?

Step back whenever you need to. Your health comes first, always. We'll be flexible and we won't make it awkward.



Will my information be kept private?

Yes. We handle all personal information in line with Movember's Privacy Policy which will comply with local data protection law. We will be clear on what you are consenting to, how your personal information is handled and stored.

How will I know my input actually made a difference?

We'll tell you. We'll share how your input shaped our work. This is a real partnership, not us asking questions and going quiet.

GET IN TOUCH

Got a question? We're happy to talk.

- Email: lauren.king@movember.com
- Website: <https://movember.com/prostate-cancer-lived-experience>